

Taking Inventory 2019

These ten questions are simple yet thought-provoking to help put the past year in perspective.

1. What worked?
2. What didn't work?
3. What surprised you? (Whether good or bad.)
4. What disappointed you?
5. What were you most proud of?
6. What gave you the most joy?
7. What drained you?
8. What wasted your time?
9. Who did you enjoy spending time (or connecting) with?
10. What gave you the most peace?